



Impulse Dance Company Information

Mission Statement:

Our goals are set high and achieved through the art of dance. The dance experience promotes dedication, achievement, and the development of self-esteem, grace, poise, and lasting friendships. We uphold the vision of producing performers, educators, and positive members of our community.

What Is Impulse?

Impulse is the Dance Company within APA. Is it a tryout based company that is for the dancer that is ready to focus more on their dancing. Students that make Impulse, are required to attend their Impulse company class as well as additional technique classes.

Tryouts are held in May after recital. Judges and instructors will place dancers on the appropriate level. We have 6 levels so students WILL spend more than one year on any given level. Those students that make Impulse should be prepared to begin taking classes that summer.

By accepting your spot on Impulse you are understanding that you are making a commitment to being in all classes, properly dressed, with a positive attitude.

Impulse Auditions:

- Auditions are held in May
- All students must learn a given dance combination to perform at tryouts.
- For level placement, students must be able to consistently execute the skills of the level. -see skills expected by level doc

- Students are scored on their consistent execution of the skills and the execution of the combination.
- Dance is based on ability, not age. Dancers may try out with a student who is much older or much younger than they are. This has no basis on their own placement. Students are scored individually. Once scoring is complete, judges and directors meet and students that make Impulse are placed on the level that the directors feel is best for their ability.
- We understand it can be disappointing for a student to remain on a level, when others move. It is detrimental to development to move a student before they are ready. We do not take level placement lightly. Students remain on a level until they meet the requirements for the next level.
- Dancers must participate in the full audition to be considered for Impulse. This consists of a warm up, learning a combination, performing the combination, performing requested skills, performing self-choreographed 1 minute dance (age 10+)
- Attending tryouts does not guarantee a spot on Impulse

What do auditions look like?

- Dancers will arrive at the studio to check in and begin warming up
- Dancers will learn a short combination that they will later perform for the judges during their tryout time (this may be sent via band app ahead of time)
- During their tryout time, groups of 3-4 dancers will be asked to perform level appropriate skills and the combination they learned
- Dancers who are age 10+ or current junior company level students will also perform their 1 minute self choreographed routine for the judges
- Dancers will be informed of placement after auditions-typically the next day.

What do dancers wear to auditions?

- Dancers should wear black leotards, nude tights, hair pulled back in a bun or ponytail, no jewelry. Bootie shorts are also allowed.

What should dancers bring with them to auditions?

- Jazz shoes or turners (ballet shoes are okay if you do not have others)
- Music for their choreography
- Water bottle/snacks

Levels:

Impulse dance company is composed of dancers ages 5 through 18 who are interested in taking their technique to the next level, additional performance opportunities and having fun in a supportive team atmosphere. We have six levels of Impulse:

Pre: is a taste of what company is. They do not attend competitions but can attend one convention. They perform 2 dances in the annual end of year recital and in the dance company showcase.

Mini: is more of a commitment than Pre. They attend one competition and convention. They perform 2 dances in the annual end of year recital and in the dance company showcase.

Petite: attends all competitions, conventions, recitals, and master classes.

Junior: attends all competitions, conventions, recitals, and master classes. They have additional class requirements, they are expected to display model behavior and be working toward a goal. There may be extra rehearsals.

Junior Plus: attends all competitions, conventions, recitals, and master classes. They have additional class requirements, they are expected to display model behavior and be working toward a goal. There may be extra rehearsals. They are beginning to assist and show the desire for more responsibility.

Senior: attends all competitions, conventions, recitals, and master classes. They have additional class requirements, they are expected to display model behavior and be working toward a goal. There may be extra rehearsals. They are volunteering, assisting, leading, and choreographing.

Class requirements:

Summer Session: (there are only 6 weeks of summer session)

Pre-Level Plus 1

Mini-Level Plus 1

Petite-Level Plus 2

Junior- Level Plus 2

Junior plus-Level Plus 3

Senior- Level Plus 3

Regular Session (Sept-May)

Pre- Level Plus 1

Mini-Level Plus 1

Petite-Level Plus 2

Junior-Level Plus 2

Junior Plus Level Plus 3

Senior- Level Plus 4

Additional classes should be ballet, then jazz or contemporary lyrical. Then they can pick additional styles. Keep in mind students most likely are not cast in genres they do not take classes in. This means the more genres you take, you may be in more company dances.

Cost:

Impulse class fee covers the leveled class. This payment can be made either all at once at time of registration or in two payments. First payment at time of registration will be 1/2 the class fee plus the full costume fee. 2nd payment in December will be the remaining class balance.

Conventions and competitions are not included in these fees.

Resident/Non-resident:

Pre- \$404/\$464

Mini-\$490/\$567

Petite-\$558/\$648

Junior-\$583/\$678

Junior Plus-\$612/\$714

Senior-\$670/\$784

Additional costs:

Conventions and competitions are invoiced separately. These fees vary depending on number attending and dances participating in. Any funds raised from fundraising will be subtracted from these fees. Fees must be paid before attending events. If a dancer doesn't attend, but fees have already been paid, there will be no refunds.

Other Information:

Events:

Impulse attends extra events during the year such as team bonding, car wash, holiday parties, banquets, extra performance opportunities, etc. Students are encouraged to attend all events. Mandatory events are rehearsals for performances, recitals, master classes, conventions and competitions.

Recital:

Impulse members perform in ALL recitals. They are expected to be there for the entire time. The rehearsal the week of recital is MANDATORY.

Fundraising:

Impulse dancers will have the option to participate in fundraisers throughout the year. These are optional. Individual funds raised will be applied to dancers' household accounts and will be deducted from **competition and convention fees**.

Sisters and fun extras:

We have "sisters" across all of the Impulse levels as a way for the girls to get to know those on other levels. They do activities together when we are a group as well as get each other small "break a leg" gifts before performances.

Dance attire: Impulse gear is ordered during the summer once tryouts and level placements are complete.

This is a separate a la carte fee. Dancers are required to have:

- Dance Bag/backpack
- Impulse warm up jacket with name
- Required Impulse T-shirt
- Other impulse items (depends on year, warm up pants, leggings, shorts, etc.)
- Impulse leotard (different each year)
- Nude Leo/nude undergarments for costumes

Optional attire:

- Impulse Windbreaker with name
- Impulse hoodie or crewneck

- Impulse t shirts in different styles

Dance Attire in Class:

Students are required to be in proper attire at every class and rehearsal. They must wear purple or black leotards and shorts/leggings, nude tights (convertible or stirrup), and hair must be in a bun. Students should bring their dance bag containing all dance shoes they may need (varies by level) to each class. Students also need to bring a water bottle, their dance notebook, and something to write with to each class. Anytime students attend a dance function they should be wearing their Impulse company jacket and warmup pants.

Shoes are as follows: additional shoes may be required depending on competition dance styles they are cast in

Pre	Nude Jazz
Mini	Nude Jazz, turners
Petite	Nude Jazz, turners
Junior	Nude Jazz, turners
Junior Plus	Nude Jazz, turners
Senior	Nude Jazz, turners

Sample Calendar:

May: Impulse Auditions

June: Summer Impulse Classes Begin, Impulse end of the year banquet

July: Summer dance trip, every other year (not required)

August: Impulse Car Wash, Paulus Park performance

September: APALZ Dance Classes Resume

October/November: Team Bonding, Sister Reveal

December: Lake Zurich Tree Lighting Miracle on Main Performance, Holiday Party (Pre Impulse-Senior), Winter Break

February, March, April: Competitions and Conventions (Mini-Senior Impulse), potential master classes/workshops, Spring Break, Costume Pick up Day, Impulse All Company Show (Pre-Senior Impulse)

May: Recital (Impulse dancers are expected to be at every show)

Mandatory Performances:

- Lake Zurich Miracle on Main Street- No Pre or Mini
- Competitions/Conventions (as required)
- Impulse Showcase
- May Recital
- Students must stay for the entire performance. This includes all recitals in May.
If a student needs to leave early, permission must be given by the Director.

*If any student is found to be violating these requirements, they may be pulled from a performance or dismissed from Impulse.

Sample Impulse Class Days:

Pre Company: Wednesdays

Mini Company: Wednesdays

Petite Company: Thursdays

Junior Company: Thursdays

Junior Plus Company: Thursdays

Senior Company: Thursdays

Attendance:

Our attendance policy is currently being evaluated and revamped. The policy will be similar to years past, 5 tardies and 3 absences. The updated attendance policy and how you communicate absences will be sent out once updated.