



# Halloween Safety



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Halloween is a cherished tradition. But, the excitement of the night can cause children to forget to be careful. There is no real "trick" to making Halloween safe. Simply planning ahead and taking a few safety precautions can make Halloween a real treat for the entire family.

## Safety Tips:

- Purchase only costumes, wigs and props labeled flame-resistant or flame-retardant. When creating a costume, choose material that won't easily ignite if it comes in contact with heat or flame. Avoid billowing or long trailing features.
- Consider adding reflective tape or striping to costumes and trick-or-treat bags for greater visibility.
- Because a mask can limit or block eyesight, consider non-toxic and hypoallergenic makeup or a decorative hat as a safe alternative.
- Secure emergency identification (name, address, phone number) discreetly within Halloween attire or on a bracelet.
- Think twice before using simulated knives, guns or swords. If such props must be used, be certain they do not appear authentic and are soft and flexible to prevent injury.
- Dried flowers, cornstalks and crepe paper are highly flammable. Keep these and other decorations well away from all open flames and heat sources, including light bulbs, heaters, etc.
- Use extreme caution when decorating with candles, and supervise children at all times when candles are lit. When lighting candles inside Jack-O-Lanterns, use long, fireplace-style matches and be sure to place lit pumpkins well away from all combustible items. Pumpkins can also be illuminated with small, inexpensive flashlights.
- Remember to keep exits clear of decorations, ensuring nothing blocks escape routes.
- Use flashlights as alternatives to candles or torch lights when decorating walkways and yards. They are much safer for trick-or-treaters, whose costumes may brush against the lighting.
- Instruct children to stay away from open flames or other heat sources. Be sure children know how to **stop, drop and roll** in the event their clothing catches fire. (Stop immediately, drop to the ground, covering your face with your hands, and roll over and over to extinguish flames.)
- Instruct children who are attending parties at others' homes to locate the exits and plan how they would get out in an emergency.

- Provide children with lightweight flashlights with fresh batteries for all children and their escorts to carry for lighting or as part of their costume.
- Teach children their home phone number and to how call 9-1-1 (or their local emergency number) if they have an emergency or become lost. Remind them that 9-1-1 can be dialed free from any phone.
- Openly discuss appropriate and inappropriate behavior at Halloween time.
- Learn or review CPR skills to aid someone who is choking or having a heart attack.